



South African
Paediatric
Association



Resilience Workshop

Session 1: Wednesday 22nd of February 1-5pm

Session 2: Saturday 4th of March 8:30 - 12:30

Session 3: Friday 10th of March 1-5pm

Session 4: Thursday 16th of March 1-5pm



Target Audience:

All child healthcare practitioners who recognise that caring for themselves is an essential component of caring for their patients.

Register NOW

**Cost: R 1 800 for all
4 sessions**

Speakers

Dr Mark Orpen-Lyall is a registered Organisation Psychologist who completed his Ph.D in building resilience in individuals in the corporate context

Prof Mignon McCulloch is a paediatrician with a special interest in intensive care and nephrology. She has realised how important self-care is and developing resilience to survive the rigours of paediatric medicine.